

The Non Directivity with Intervention (NDI)'s Code of Ethics

Clause 1 - Prelude

- 1.1 The present code of ethics concerns and involves associations' members and groups belonging to the FINDI as well as every practitioners supporting this method, in a professional or voluntary frame of work.
- 1.2 Associations and groups belonging to the FINDI accept the NDI's principles and its practice with a particular high sense of responsibility regarding themselves, their work in therapeutical relationships or their work when teaching (in groups or individual sessions).
- 1.3 The NDI is a specific approach within the Human Science's field.

Clause 2 - Scope of application

- 2.1- The above prelude commits every associations and groups belonging to the FINDI and NDI's practitioners to respect its values and principles.

Clause 3 - The NDI's definition

- 3.1- The NDI is an approach which can be applied to psychotherapy, helping relationships, caring, pedagogy... It is also a philosophy.
- 3.2 The Non Directivity with Intervention (NDI) created by Michel LOBROT in the eighties, and defined in his Manifesto, enriches the Carl Rogers' Non Directivity's concept. The basic NDI's idea, being a transforming action carried out by someone on somebody else, in a training (pedagogy) perspective or curing (psychotherapy) one, is that a human being can only act, learn, move and live when obeying to his inner strenghts, which are about desires. These strenghts are innate and / or acquired throught experiences in compliance with themselves. It is within them that a human being obtains his energy and also his direction.

Clause 4 - Integrity

- 4.1- The NDI practitioner commits himself to keep a high standard of ethics and integrity.

Clause 5 - The NDI professional's definition

- 5.1- The NDI's methodology enables the person to use his emotional, creative,

relational, intellectual, sensorial and psycho-bodily possibilities at his maximum, in order to integrate them better in a life which is more harmonious and satisfying.

5.2 The NDI's method is based on scientific theories. Its aim is to trigger a process enabling a positive and constructive development in the short or longer term. The NDI's caring places great importance on empathy, kind thoughts, listening skills, respecting rhythms and dynamics specific to each individual.

5.3 The work's conditions, regarding the caring / helping / training relationships, are decided by an agreement between the NDI's practitioner and the client. The conditions clarify :

- The session's length and frequencies ,
- The fees ,
- The importance of confidentiality, with an unconditional respect for the client.

Clause 6 - No constraint

6.1- The NDI's practitioner can in no way use manipulative or coercive ways, nor proselytism of any kind - sectarian - political - religious - and therefore no pressure could put in jeopardy the client's independence.

6.2 The NDI's practitioner can always, for personal, ethical or professional reasons, refuse to begin or to carry on working with a client, who would like to carry on any how.

6.3 The NDI gives great importance to partners' being set on an equal footing (client and practitioner).

6.4 Violent acting out is forbidden.

Clause 7 - Confidentiality

7.1- The NDI's practitioner respects absolutely professional confidentiality inherent to any work or research. He will advise group's participants to also respect professional confidentiality in the work undertaken.